

Academy of Broadcasting in Radio Jockeying, Podcasting and Digital Audio Content Creation

Hour 1: Orientation and the Science of Voice

Hour 2: Diaphragm Breathing (Deep Belly Breathing)

Hour 3: Lip Trills and Vocal Warm-Ups

Hour 4: Vocal Health and Avoiding 'Vocal Fry'

Hour 5: Phonetics and the Pop Filter

Hour 6: Perfect Diction and the Nuances of Nuqtas

Hour 7: Tongue-Twister Challenge

Hour 8: Vowel Space Technique (Opening the Mouth)

Hour 9: Pitch and Pacing

Hour 10: Morning Show Tone (High Energy)

Hour 11: Infotainment and the Mid-Day Tone

Hour 12: Night Show Tone (Mellow & Warm)

Hour 13: Understanding the Radio Clock

Hour 14: Talk Link Design (The Power of Brevity)

Hour 15: The Art of Song Intros and Outros

Hour 16: Back-Timing Practical Lab

Hour 17: Localizing Content and Building a "Hook"

Hour 18: Colloquial Writing (Writing for the Ear)

Hour 19: Story Flow and Strategic Pacing (The Pause)

Hour 20: Live Storytelling Rehearsal

Hour 21: Celebrity and Artist Research

Hour 22: The Art of Crafting Questions

Hour 23: Mock Interview Simulation

Hour 24: Practice Session 1: Foundation Voice, Diction & Storytelling Review

Hour 25: Core RJ Console Mechanics

Hour 26: Mastering Voice and Music Balances (BGM Levels)

Hour 27: Manual and Automated Ducking Methods

Hour 28: Practice Session 2: On-Mic Talk-Links & Back-Timing Drill

Hour 29: Mastering Sibilant Sounds ('S' vs 'Z')

Hour 30: The Mouth-Shape Technique for 'V' and 'W'

Hour 31: Enunciation of Silent Letters

Hour 32: Practice Session 3: Live Studio Console & Ducking Operation

Hour 33: Word Stress and Intonation Dynamics

Hour 34: Seamless Code-Switching (Hinglish Flow)

Hour 35: International Track Intros

Hour 36: Practice Session 4: Global English Diction & Vowel Shapes

Hour 37: Catchy Openings and Vocabulary in English

Hour 38: Commercial Voice-Over Techniques

Hour 39: Phone-In Show Integration & Live Call Handling

Hour 40: Practice Session 5: Hybrid Drive-Time Show & Commercial VO Cut

Hour 41: Crisis Management - Live Role-Play Practice Session

Hour 42: Designing Interactive & Rapid-Fire Segments

Hour 43: Advanced Guest Interview Simulation (English/Hinglish)

Hour 44: Practice Session 6: Phone-In Calls & Live Crisis Management Run

Hour 45: Conceptualizing and Designing a Vox-Pop Brief

Hour 46: Outdoor Live Recording Practicum (On-Field)

Hour 47: Cleaning and Editing Gritty Field Audio

Hour 48: Practice Session 7: Vox-Pop Packaging & Street Audio Editing

Hour 49: Package Integration into Active Show Wheels

Hour 50: The Psychological Shift (Stage vs Studio)

Hour 51: Hosting Music Concerts and Talent Introductions

Hour 52: Practice Session 8: Stage Anchoring, Crowd Handling & Emcee Drill

Hour 53: Resolving Live Stage Anomalies and Disruptions

Hour 54: Visual Review and Post-Event Footage Analysis

Hour 55: Campus Festivals, Talent Scouting & Press Meets

Hour 56: Practice Session 9: Media PR Operations & Pop-up Interviews

Hour 57: Consolidating the On-Ground Field Portfolio

Hour 58: Architecting and Scripting Your Showreel

Hour 59: The Live Studio Solo Cut & Mastering

Hour 60: Practice Session 10 (Grand Finale): Showreel Critiques & Certifications