

**Dr Sumita Sikka**  
**Assistant Professor( HOD)**

Department of Fashion Designing  
GGDSD COLLEGE Chandigarh  
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**DOB: 8<sup>th</sup> November 1973**



#### **Educational Qualifications**

##### **Ph.D. in Fashion Technology and Life style**

Department of Panjab University Chandigarh, India (2019) Ph.D.

Thesis: *Chindi: An Art of Textile Waste Management*, Ph.D.

Supervisor: Dr Prabhdip Brar

**UGC NET** in June 1998

**M.Sc (Clothing and Textiles)** – Govt. Home Science College, Under  
Panjab University, Chandigarh, India (1995-1997)

**P.G. Diploma (Business Management)** in First division- 1997 from  
D.A.V College of Management

**Bachelor of Science (Home Science)** Govt. Home Science College, Under  
Panjab University, Chandigarh, India (1992-1995)

## Teaching/Research Experience

- 15 July 2014- till date  
**Assistant Professor (Head of the Department)** in Department of Fashion Designing, GGSDS College, Chandigarh  
Teaching surface enrichment techniques, pattern making and garment construction , CAD and basics of fashion designing at Graduate and Post-graduate level
- 25 September 2010- 31 May 2014  
**Assistant Professor** in University Institute of Fashion Technology and Vocational Development , Panjab University, Chandigarh, India  
Taught Textile Science, CAD, Pattern Making & draping and garment construction at Undergraduate and Post-Graduate Level
- 10 January 2008- 24 September 2010  
**Assistant Professor and HOD Knitwear Design** in Northern India Institute of Fashion Technology (NIIFT), Mohali, Punjab , India
- 20 August 2006- 9 January 2010  
**Contractual Lecturer** in Home Science College, Under Panjab University, Chandigarh. Taught Pattern Making & draping, Indian Textiles and garment construction at Undergraduate and Post-Graduate Level
- 18 August 2003 – 27 March 2006  
**Assistant Lecturer**  
Dev Samaj College for Women, Sector-45 B, Chandigarh, Taught elective subject- fashion Designing to Undergraduate level
- 25 August 1999 – 15 March 2000  
**Guest Lecturer** in Home Science College, Under Panjab University, Chandigarh. Taught Pattern Making & draping, Indian Textiles and garment construction at Undergraduate and Post-Graduate Level
- 25 September 1998 – 9 June 1999  
**Assistant Lecturer**  
Hindu Kanya College Kapurthala, Taught elective subject- fashion Designing to Undergraduate level

## Areas of Interest

- Sustainable Fashion, Handicraft techniques and surfaces development, Print development by CAD

**Publications  
(Journal/Book Chapters)**

**Journal Publications:**

Anita Siwach and Sumita Sikka, "The Benefit of Rajyoga Meditation for Children and youth : A path to self- motivation and positive mindset", Journal of Emerging Technologies and Innovative Research (JETIR), Volume 11, Issue-2, Year 2024, page- c125-c129

Aashana Arora and Sumita Sikka, "A Review of Therapeutic Approach and Rajyoga Meditation Technique for Treating Childhood Traumas", Journal of Emerging Technologies and Innovative Research (JETIR), Volume-11, Issue-1, Year 2024 , pages-e45-e58

Mehak and Sumita Sikka, "Creative Practice in Phulkari Embroidery - Understanding Traditional Handicraft in the Global World", Journal of Emerging Technologies and Innovative Research (JETIR), Volume 10, Issue 12, Year 2023, Page- a768- a784

Sumita and Prabhdip Brar, "Chindi or Textile Waste Products of Panipat, India- Dynamism of Emerging Opportunities", Journal of Emerging Technologies and Innovative Research, Volume , Year 2018, Pages

Sumita Sikka, "Second Level Raw Material Generation from Recycled Textile Waste – An Unexplored Dimension in India", Sustainable Fashion and Textiles- An Indian Perspective, Volume Volume 2, Year 2022, Pages 8-17

Sumita Sikka, "Harnessing Innovative Teaching Skills for 21st Century Learners", Edu World, Volume Volume 12, Number 24, Year 2018, Pages 122-127

Sumita Sikka and Prabhdip Brar, "Exploring the potential of Chindi (textile waste) for producing quality products for women empowerment", International Journal of Home Science, Volume 3, Year 2017, Pages 1-7

Sumita Sikka, "Psychology of Colour and its effect on Design: A practical approach for Human Resource Enrichment", Innovative Ideas in Business Management, Volume, Year 2015, Pages 298-305

Sumita Sikka, "Draw Sling One Piece Bag", Inventive techniques of Refurbishing Discarded Textiles, Volume, Year 2015, Pages 31-43

S. Sikka and S. Ahuja, "A Pilot Study - Designing Fashion Accessories and Imparting Training to Group of Women on Techniques to Develop Products for SelfEmpowerment", Fashion Design and Textile Technology UGC sponsored Seminar proceedings, Volume , Year 2015, Pages 18-24

P. Brar, H. Kaur, S. Sikka, "Reinventing the conventional craft of ikat through screen printed stoles", Textile Trends, Volume 58, Year 2015, Pages 39-43

Sumita Sikka, ". Changing Role of Educators", Hoisery & Textile journal, Volume 82, Year 2014, Pages 24

Sumita Sikka, "Challenges in Sustainable Fashion Trends", Emerging Trends in fashion, Footwear& Business Management, Volume , Year 2013, Pages 298-305

Sumita Sikka, “Sustaining and Generating Skilled Workforce for Garment Industry”, Hosiery & Textile journal, Volume , Year 2012, Pages

Sumita Sikka, “Origin of Printed Silk Scarves”, Hosiery and Textile Journal, Volume 79, Year 2011, Pages 22-24

**Book Chapters:**

“Policies and Initiatives for Sustainable Fashion: A Comprehensive Global Review with Emphasis on India”, Green Fashion and Sustainability, Volume-1, Page-175-198, Abhishek Publications, New Delhi, December 2023

**Book Edited:**

Green Fashion and Sustainability, Volume 1, Pages 1-268, Abhishek Publications, New Delhi, December 2023

## **Refresher Courses/Workshops/ Training Programmes**

- Two- Week Interdisciplinary Research Course” Advance Research Methodology” Teaching Learning Centre, Ramanujan College University of Delhi from 22.3.2022 to 05.4.2022 (14 days) Ministry of Education under Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNTT), MHRD, Government of India
- Faculty Development Programme on “Information Sources and services for Teaching, Learning and Research” UGC- Human Resource Development Centre Panjab University, Chandigarh 01.02.2022 to 07.02.2022 (7 days) under RUSA 2.0 grant
- 4-Week Induction/Orientation Programme for” Faculty in University/ College/ Institutes of Higher Education Teaching Learning Centre, Ramanujan College University of Delhi 15.3.2021 to 14.4.2021 (31 days) under (PMMMNTT), MHRD, Government of India.
- 7 Days National Faculty Development Program on E-Learning and Techno Pedagogy, Guru Teg Bahadur National College Dakha, Dist. Ludhiana 20.7.2020 to 26.7.2020 (7days) , Indian Teacher Education Community.
- One week Course on “Fashion and Textile Design” GIAN, Panjab University, Chandigarh 27.2.2019 to 3.3.2019 Ministry of Human Resource Development, Government of India
- Attended Workshop on “Academic publishing: Way to Increase the visibility of your research”. Sponsored by RUSA in GGDSD College, Chandigarh on 31st March 2017.
- Attended one week International Faculty Development Programme on "Instructional Skills Workshop" organized by GGDSD College, Chandigarh from 9-14 May 2016
- Attended two sessions on “Learning Exchange System- Teaching Methodology.”Sponsored by RUSA in GGDSD College, Chandigarh on 8-9 March 2016.
- Attended two sessions on "Use of E-Resource contents- EPR Solution." Sponsored by RUSA in GGDSD College, Chandigarh on 8-9 March 2016.
- Training Programme on Statistical Product and service Solutions in Department of Statistics, Panjab University, Chandigarh 20 14.
- Capacity Building Programme for Social Science Faculty from April 22 - May 6 , 2013 in ICSSR, Panjab University ,Chandigarh
- Planning For Effective Instructions by National Institute of Technical Teachers’ Training and Research- June 15-17, 2009

## **Invited Talks**

- Resource person for three days workshop on “Printed Textile Design: Prototyping” for Institution’s Innovation Council (Ministry of Education Initiative) at Goswami Ganesh Dutta Sanatan Dharma College, Chandigarh (29<sup>th</sup> -31<sup>st</sup> August 2024)
- Lecture on "The Challenges in making and marketing of handicraft products" at CGC Jhanjeri, Punjab organized by National Institute of Technical Teachers Training and Research, Sector 26, Chandigarh. (2023)

- Resource person for Workshop on Prototyping & Development of Hand Painted Products for Institution's Innovation Council (Ministry of Education Initiative) at Goswami Ganesh Dutta Sanatan Dharma College, Chandigarh, (25-26 August 2023)
- Invited Speaker, "Sustainability in Clothing: A Social Work Perspective" at Centre for Social Work, Panjab University, Chandigarh. (2023)
- Expert Lecture Series on World Earth Day (Institution's Innovation Council) at Goswami Ganesh Dutta Sanatan Dharma College, Chandigarh, Punjab. (2022)
- Resource Person for Workshop on Process of Prototype Development (Institution's Innovation Council) at Goswami Ganesh Dutta Sanatan Dharma College, Chandigarh, Punjab. (2022)
- Resource person for skill training of 20 women of SHG for one month at Don Bosco Navjeevan Society, Chandigarh. (2022)
- Resource person for 15 days workshop on Utilization of waste under The Swachhta Pakhwada of the Ministry of Culture, organized by North Zone Cultural Centre and coordinated by The Rural Environmental Enterprises Development Society(2018)
- Invited Expert for conducting session on the theme of "Basic computer" at Department of Life Long Learning & Extension, Panjab University, Chandigarh (2013)

under the National Mission on Education through Information and Communication Technology (NME-ICT) of Ministry of Human Resource Development (MHRD), Govt. of India

## **PhD Thesis**

Co-Supervisor, UIFT Panjab University for Bharti Pahuja, Registration no-2023-EZ-85

## **Administrative Experience**

- Head of the Fashion Designing Department since 2014
- Coordinator of TrendsModa Club of the college
- Director for training the students for seven heritage items for **Youth Festival**- Bagh, Crochet, Kasuti, Knitting, Mehndi, Pakhi and Phulkari since 2014 till date.
- Coordinator and Admission In-charge of B.Voc FTAD and M.Voc FTAD since inception of the courses.
- Member of BA admission committee.
- Paper setter and evaluator for PU semester exam B.Sc, B.Voc Fashion and M.Sc. Fashion
- Organize workshops, competitions, expert talks, industrial visits and internships for the students every semester.
- Successfully conducted Panjab University Exams (Centre 33) as Deputy Superintendent and in December 2023 as Superintendent (Centre-25)

## **Memberships•**

- Member of Technical Committee, UIFT ,Panjab University, 2024-02-07 to 2024-12-31
- Member of Board of Studies, UIFT ,Panjab University, Chandigarh, 2011-2015
- Member of Board of Control , UIFT ,Panjab University, Chandigarh, 2012-2014
- Life Membership of Home Science Association of India.

## **Paper Presentations in National and International Seminars**

S.No	Type of Article (National or International )	Article title	Name of Journal/ Proceedings of Conference	Year of Publication
1.	International Conference	Chindi' or Textile Waste Products of Panipat, India - Dynamism of Emerging Opportunities	Indian Council of Social Science Research, North West Regional Centre, Punjab University Campus ,Chandigarh (India)	12 August 2018
2.	International Conference	"Exploring the Potential of Chindi for Producing Quality Products for Women Empowerment"	Organized by A.C. Joshi Library, Panjab University, Chandigarh	August 12-13, 2016
3.	National Seminar	Chindi weaving- An Opportunity for Women Empowerment	The demographic Dividend and India's Economic Future Organized by GGDSD College, Chandigarh	November 18, 20 15
4.	International conference	Influence of bridegroom culture on the bridal dresses in cross cultural weddings.	Cross-Cultural Nuances Held at KMV, Jalandhar, Punjab	October 30-31, 20 14
5.	International Conference	Psychology of Colour and its Effect on Design: A Practical Approach for Human Resource Enrichment.	Management and Business Research.	December 26-27, 20 14
6.	UGC Sponsored National Seminar	A Pilot Study- Designing Fashion Accessories and Imparting Training to Group of Women on Techniques to Develop Products for Self Empowerment.	Fashion Design and Textile Technology organized by BBK DAV College for Women, Amritsar	November 8, 20 14
7.	CHASSCON G-14, 4Th Chandigarh Social Science Congress	Bridal Durries From Panjab- An Opportunity To Empower Rural Women.	Millennium development goals: Retrospect and Prospects Panjab University, Chandigarh	March 26-27, 20 14
8.	National Seminar	Enhancing Colour Sensitivity Of Artisans For Creating Lifestyle Products.	Indian Culture and Gender Issues Held at Department of Life Long Learning & Extension, PU, Chandigarh	March 12-13, 20 14
9.	International conference	Challenges in sustainable Fashion Trends	Emerging Trends in Fashion, Footwear and Business Management	September 2013



10.	National Seminar	An Endeavor To Restore Durrie Weaving In Punjab Before Its Corrosion.	Revival of Traditionl Indian Textiles & Craft Galaxy Global Group of Institutes, Ambala, Haryana	February 22-23, 2013
11.	National Seminar	Impact of desire on environment.	Consumer Awareness as an emerging force in India.	Sept 14-15, 2012
12.	National Seminar	Contribution through Re fashion to safeguard the planet Earth.	Northwest India: Issues of Sustainability Held at Centre of Advance Study in Geography , PU, Chandigarh	February 23-24, 2012
13.	National Seminar	Scarves along with hand painting -Origin, classification and potential in generating employment.	Role of Textile Traditions of North Zone in Industrial and Economic Growth of India	February 12-13, 20 12
14.	International Conference	Technological Advancement and Vocational Education	Applied Psychology Held at Panjab University , Chandigarh	February 24-25, 2012
15.	National Seminar	Sustaining and Generating skilled Workforce for Garment Industry	Millennium Development Goals and National Mission on Education through ICT: Challenges for the University. Held at ICSSR, PU, Chandigarh	Sept 7-8, 2011
16.	International Conference	Methodology of Teaching Fashion Design- The age of Wi-Fi	Enhancing Human Potential: Bio-Psychosocial Perspective. Held at Panjab University , Chandigarh	November 15-17, 2010

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