

DR. SHAMINDER SINGH
Assistant Professor
Department of Physical Education
GGSDS College Chandigarh
India -160030
shaminder.singh@ggdsd.ac.in
singh.shaminder982@gmail.com
DOB: 9th October 1982
Vidwan-ID: 275061



Educational Qualifications

Ph.D. in Physical Education

Department of Physical Education, Panjab University Chandigarh, India (2019) PhD Thesis: Awareness, Perceptions, Attitude towards Doping among sportspersons of Punjab: A Survey Study, Ph.D. Supervisor: (Prof.) Dalwinder Singh

Qualified U. G. C. in Physical Education

M.A. (Physical Education) - Department of Physical Education, Panjab University Chandigarh, India (2005-2007)

B.P.Ed (Physical Education) - Department of Physical Education, Panjab University Chandigarh, India (2004-2005)

Bachelor of Arts, Goswami Ganesha Sanatan Dharam College, Sector 32 C, Chandigarh, India (2000-2003)

Certificate Course (Lawn Tennis) – NSNIS, Patiala, Punjab in 2009.

Teaching/Research Experience

- **10 August 2021- till date**

Assistant Professor in Department of Physical Education, GGSDS College, Chandigarh

Teaching Physical education subject at Graduate level

- **25 July 2011- 18 August 2015**

Assistant Professor in Department of Physical Education, Panjab University Constitute College, Nihal Singh Moga, Taught Physical Education subject at Graduate level B.A. 1st, 2nd and 3rd year Students

- **13 July 2010 to 31 May 2011**

Assistant Professor in Department of Physical Education, Guru Gobind Singh College for Women, Sector 26, Chandigarh. Taught History of Physical Education and Kinesiology and Biomechanics in Sports at Post-Graduate Students of B.P.Ed.

- **25 July 2009- 30 March, 2010**

Assistant Professor in Department of Physical Education, Post Graduate Govt. College Sector 11, Chandigarh. Taught Sports Training, Athletics to B.P.Ed 2nd & 4th year students at Post Graduate Level and Physical Education core subject to B.A. students.

Areas of Interest

Publications

(Journal/Book Chapters)

Doping in Sports, Sports Psychology and Handball

Journal Publications:

- Paper Published in International journal of Health Physical education and Computer Science in sports on topic of “Situating Women in Sports” on page no 5-8 with ISBN/ISSN no-2231-3265.
- Paper Published in International journal of Physiology, Nutrition and Physical Education 2019 on topic of “Doping Awareness among sportspersons of Punjab: A survey study” on page no 1278-1281 with ISBN/ISSN no-2456-0057.

- Paper Published in UGC-CARE listed Group-I Kalyan Bharti Health Journal of Indian History & Culture on topic of “Doping in Sports: Awareness, Perceptions and Attitude Towards Doping with regards to Gender” Vol.36, No. (IX) :2021 with ISBN/ISSN no-09760822.

**Seminars/
Conferences/Symposiums
(Paper Presented)**

- Paper presented in National Conference on multi-disciplinary Approach in Physical Education on the Topic of “Prevention of Sports Injuries” held at Punjabi University Patiala in year 2010.
- Paper presented in UGC sponsored National Conference on Topic “Situating Women in Sports- A Conceptual View” org. by Mata Gujri College Fatehgarh Sahib in year 2011.
- Paper presented in UGC sponsored National Conference on Topic “Violence in Sports” org. by PGGC sector 11 Chandigarh in year 2011.
- Paper presented in National Conference on Topic of “Analysis of back hand stroke technique of tennis in the light of Biomechanics” org. by sports Department Panjab University Chandigarh in year 2012.
- Paper presented in international forum of Physical Education and Sports Sciences on topic of “Qualitative analysis of forehand stroke technique of tennis in the light of Biomechanics” org. by Department Physical Education, Panjab University Chandigarh in year 2012.
- Paper presented in UGC sponsored National Conference on Topic “Assessment of Yogic Practices as related to Emotional Health of Senior Secondary Girls” org. by Department of Physical Education, Punjabi University Patiala in year 2014.
- Paper presented in International Global Scientific Conference on topic of “Effect of Eight Week Aerobic Training on the vital Capacity of Football Players” org. by Department of Physical Education Guru Nanak dev University Amritsar in year 2014.
- Paper presented in National Conference on topic of “Effect of Eight Week Aerobic Training on the Physiology of Football Players” org. by Panjab University Constituent College Guru Har Sahai Ferozpur in year 2015.
- Paper presented in National Conference on topic of “Doping in Sports” org. by Panjab University Constituent College Nihal Singh Wala Moga in year 2015.
- National seminar attended on Role of Physical education in Sports Society Sponsored Higher Education Commission Haryana at Govt. College sector 1 Panchkula in year 2010.
- Paper presented in International Seminar on Physical education, Yoga and Sports for Healthy and Peaceful Lifestyle on topic of “Doping in Sports: an overview of ancient and modern history of doping” org. by S.G.G.S. Khalsa College Hoshiarpur, Punjab on 16th April 2019.

**Refresher
Courses/Workshops/
Training Programmes**

- Online Refresher Course 4-week Induction/Orientation programme Teaching Learning Centre, Ramanujan College University of Delhi 20th Dec. 2021 to 19th Jan. 2022
- Seven Day FDP (Faculty Development Programme) Course on NEP 2020 & Ethical Paradigms in Pedagogy UGC Human Resource Development Centre, PU Chandigarh 21-27 June 2022.
- FDP/Short Term Course NEP 2020 Orientation & Sensitization programme UGC Malaviya Mission Teacher training Centre, Kumaun University, Nainital (UK) 10 Days 18-27 March, 2024
- Attended UGC-Sponsored Refresher Course UGC Human Resource Development Centre Kumaun University, Nainital, (UK) 13-27 March 2024
- Workshop attended on E-Content Development organized by Education Department Chandigarh administration Chandigarh from 10-03-2010 to 12-03-2010.
- Workshop attended on Research Methodology and operations of Statistical Package for the social sciences (SPSS) - a step towards Interdisciplinary approach. Organized by Department of Physical Education PGGC-11 Chandigarh administration Chandigarh from 14-10-2013 to 20-10-2013.
- Workshop attended on Anti-doping Awareness March 2015 held at Panjab University Chandigarh organized by Directorate of sports Department under aegis of NADA.
- Workshop attended on "Sports Injury Management and Rehabilitation" organized by the Department of Physical Education, Kumaun University, Nainital held on 18-19 March, 2024.
- Attended Regional Meet of Institutes' Innovation Council MoE's Innovation Cell held on 26th July 2022 at Chandigarh University, Chandigarh.
- Undergone Innovation Ambassador (IA) training "Foundation Level" conducted in online mode by MoE's innovation cell & AICTE during the IIC calendar year 2022-23.
- Attended National Level Five Day Online Faculty Development Programme (FDP) cum workshop on "A Step-by-Step Guide for Research and Publishing in Indexed Journals" organized by the Institute for scholarly and training, Chennai from 17th to 21 December 2024.
- International Course: attended certificate course of International Testing Agency Anti-Doping Course for International Federations from 29 May to 27 June 2024 organized by International Testing Agency.

Administrative Experience

- Successfully conducted Panjab University Semester Examination May 2023 (Centre-33) in 2023 as Deputy Superintendent.
- Successfully conducted Panjab University Semester Examination Dec. 2023 (Centre-23) as Centre Superintendent.
- Successfully conducted Panjab University Semester Examination 2024-25 (Centre-33) in 2024 as Deputy Superintendent.
- Performed duty as member of selection committee to select the Panjab University Handball (M&W) teams from the year 2021 to till date.
- Performed duty as second member of selection committee to select the Chandigarh Handball (Boys) team to participate in Khelo India Youth Games Handball 2021 from 5th – 14th Feb. 2022 at Panchkula, Haryana.
- Appointed as Chairman of the eligibility Committee in the All India Inter University Shooting Championship for the session 2024-25.

Membership of Physical Education and Sports Associations

- Member of Panjab University Handball Selection Committee from 2021 to till date.
- Membership of Institute Innovative Council (IIC) of Goswami Ganesh Dutta Sanatan Dharma College Chandigarh.
- Treasure in the Chandigarh Handball Association Chandigarh from 2022 to till date.
- Life time membership of the Tri Murti Sports Welfare Club Chandigarh.

(DR. SHAMINDER SINGH)