

POOJA THAKUR
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Department of PSYCHOLOGY
GGSDS COLLEGE Chandigarh
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DOB: 11th September 1996



Educational Qualifications

M.Phil. (Psychology) Department of Psychology, Himachal Pradesh University Shimla, India (2019-2023)
M.Phil. Dissertation: *Parenting Style and Intelligence among Addict and Non-Addict Adolescents.*
Qualified N.T.A.(N.E.T.) in Psychology
MA (Psychology) - Department of Psychology, Panjab University Chandigarh, India (2017-2019)
Bachelor of Arts (with Psychology Honours) G.G.D.S.D. College, Sector 32, Chandigarh, India (2014-2017)

Teaching/Research Experience

- 1st September 2022- till date
Assistant Professor (Ad hoc) in Department of Psychology, G.G.D.S.D. College Sector 32-C, Chandigarh
Taught Psychological Testing (Honours Sem.5), Counselling and Organisational Psychology (Honours Sem.6), Clinical Psychology (Theory Sem.5), Behavioural Disorders (Theory Sem.6), General Psychology (Theory Sem.1), Foundations of Child Development & Stages of Child Development (Child Psychology Certificate Course) and Domains of Child Development- I,II (Child Psychology Diploma Course) at Undergraduate level to the students of B.A. & B.A. (Hons.)

Seminars/ Conferences/Symposiums (Paper Presented)

- Presented paper on 'The Influence of Personality Factors, As Measured by Ocean, On the Process of Self-Actualization' a two-day Multidisciplinary International Conference on *The Soul in Symphony: Journey of Happiness through Self Actualization and Self Realisation* at M.C.M.D.A.V. College, Chandigarh (March 19-20, 2024)

Refresher Courses/Workshops/ Training Programmes

- International Faculty Development Program on Research Writing and Research Methodology Organized by Government College of Education, Jammu, J & K, India in Collaboration with Office of the Internationalization, Mindanao State University-Sulu, Philippines in association with Cape Comorin Trust, India from 24th -30th June 2024.
- Online - NEP2020 Orientation & Sensitization Programme from 16.01.2024 to 26.01.2024 under Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC) Organized by UGC-Malaviya Mission Teacher Training Centre (MMTTC), Panjab University, Chandigarh.
- Specialized Training Workshop on *CBT- Basics and Beyond* at Planet Psychology, Chandigarh on 7th-8th April, 2018.

Invited Talks

- Resource Person on the topic 'Drug Abuse' organized by Career Counselling and Placement Cell, Government College, Haripurdhar, H.P. (27th October 2023).

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